



We Need Your Support

Our program depends on the generous support of our local community. There are so many ways to help, please get involved today!

Become a Volunteer:

- Administration
- Community relations
- Fundraising and Events
- Side walking/leading
- Grant writing
- Horse related activities
- Physical therapist
- Occupational therapist

Donate:

- Financial Assistance
- Tack, feed, supplies
- Sponsor a client
- Sponsor a horse

Visit www.horsesforhealing.org to donate today!

Who We Are

About Us



We are a non-profit, volunteer organization dedicated to improving the physical, mental and spiritual well-being of adults and children with special needs through their involvement with horses. We have provided Therapeutic Horseback Riding and Equine-Assisted Activities in the Auburn area since 1997.

We are a California non-profit charitable corporation conforming to IRC Section 501 (c)-(3), Federal ID#91-1762639, United Way No. 11099.



We are registered with the Professional Association of Therapeutic Horsemanship (PATH), International. Our instructors are PATH certified.

Contact Us

Phone: 530-887-9573

Email: info@horsesforhealing.org

Website: www.horsesforhealing.org

Riding Facility:

Center Stage Equestrian Center
13355 Bell Brook Drive. Auburn CA 95602

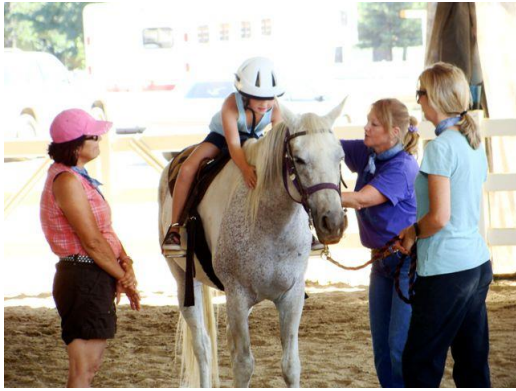
Mailing Address:

PO Box 4839
Auburn, CA 95604



Horses for Healing Therapeutic Horseback Riding

Changing lives one ride at a time!



What is Therapeutic Horseback Riding?

Therapeutic Horseback Riding and Equine-Assisted Activities use horses to enhance physical, psychological, social, cognitive and behavioral skills for people with disabilities.

The horse's movement and rhythm duplicates the human movement of walking, leading to improved posture, balance, coordination, strength and flexibility.

Many individuals who are restricted to wheelchairs, braces and crutches become independently mobile for the first time while riding a horse!



Benefits of Therapeutic Horseback Riding:

Physical:

- Improves coordination and reflexes
- Increases balance
- Relaxes constricted muscles
- Strengthens and stretches muscles

Psychological:

- Improves self-esteem
- Increases self-awareness
- Enhances concentration
- Provides sense of self achievement
- Enjoyable mode of therapy
- Builds a special relationship between horse and rider

Social-Facilitates the development of:

- Social Skills
- Communication Skills
- Aids in achieving goal-orientated behavior

*"If it weren't for the many volunteers and gentle four legged giants at **Horses for Healing**, people like my daughter would miss an important connection with this world!"* –Proud Parent



Our Program

We offer year round riding lessons and operate rain or shine in a covered arena. Our wheelchair accessible mounting ramp helps riders with limited mobility mount their horses with ease!

Our instructors have strong equine backgrounds and are trained to teach individuals with various disabilities. Our volunteers lead the horses and walk alongside the riders to provide support and ensure safety.

We are dedicated to serving special needs children and adults including individuals with:

- Multiple Sclerosis
- Stroke
- Autism
- Cerebral Palsy
- Blindness
- Cancer
- ADHD
- Depression
- Learning Disabilities